

# How The Future Of Process Work Can Help Our Personal Selves And Our World's Future

with Drs. Amy and Arny Mindell

Saturday, April 30, 2022

(attend live on zoom or view the recording)



in English with live translations in German, Greek, French,  
Italian, Polish, Portuguese, Russian, Slovak, Spanish (Castilian)  
and Ukrainian

A 1 Day Online Seminar For The

40th Anniversary of Process Oriented Psychology

And

The Founding of FGPOP

(The Research Society for Process Oriented Psychology in  
Zurich, Switzerland\*)

(\*now Institut für Prozessarbeit, for more see "In the beginning..." below!)

Our world needs YOU,

me, all of us so that climate change and conflict will not destroy the human race in about 100 years.

We can do what is needed, if we reduce war, and update our inner and relationship work for a much better world.

We will go into all this in this coming seminar as we update Process Work for our Future.

We are happy to study all this to celebrate the founding of Process Work in Zurich, 40 years ago!

In this seminar we will present brief introductory talks, demonstrations, and experiential exercises.

During the seminar, there will also be times for questions and answers.

**Morning:**

**What New Discoveries Are Needed For Our Individual Psychology.**

**Afternoon:**

**New Relationship Work Methods To Help The Future Of Our Planet**

--> Expect this 1 Day online seminar to renew your appreciation, excitement, and ability to work with Life's Problems and Our World's Future!

## Registration

In order to attend the seminar you will need to do 2 things:

1) [Make a payment](#) AND 2) [Fill in the registration form](#).

You will need to do **BOTH** of these things in order to receive the link for the seminar (which will be sent 48 hours before the seminar begins).

Registration for the LIVE seminar will **CLOSE** on Thursday, April 28.

Unfortunately, we cannot make any exceptions to this, therefore anyone who pays after April 28 will receive a link to view the recording of the seminar (in English only) after the seminar is finished. Thank you for your understanding!

To fill in the registration form click [here](#)

## Payment

Seminar fee: 180 euro

The seminar is offered on a **Pay What You Can** basis to those who cannot afford the regular seminar fee. No one is turned away due to lack of funds.

**If you HAVE a PayPal account:**

Pay the fee via your PayPal account by clicking on [paypal.me/MindellsSeminar](https://paypal.me/MindellsSeminar)  
or  
by sending money to [mindellseminar@gmail.com](mailto:mindellseminar@gmail.com)

**PLEASE NOTE:** In the "message" area, include your **name** and **email with which you registered**, so we can connect your payment with your registration! Thank you.

**If you DO NOT HAVE a PayPal account:**

Email us at [mindellseminar@gmail.com](mailto:mindellseminar@gmail.com) and we will send you a PayPal invoice so you can pay via PayPal using a credit card, without needing to create a PayPal account.

**PLEASE REMEMBER** to not **ONLY** make a payment! Make sure that you **ALSO** fill in the registration form.

\* \* \* \* \*

**WHEN**

**Saturday, April 30, 2022**

**@ 7am-10 am and 11am-1pm USA Pacific Time**

**Convert to your [timezone here](#)**

**WHERE AND HOW**

Attend the online seminar **LIVE** or **VIEW THE RECORDING** of the seminar (in English only), up to 30 days after it finishes.

The **LIVE** seminar will take place **ONLINE** through **ZOOM**. A link will be sent 48 hours prior to the seminar. Please download Zoom prior to the seminar at: <https://zoom.us/download>

## **TO REGISTER**

To register you need to **BOTH** fill in the registration form & make your payment

## **Contact**

Lily Vassiliou



[mindellseminar@gmail.com](mailto:mindellseminar@gmail.com)

## **Arny and Amy Mindell**

**Amy and Arny** have worked for and taught many organizations including the U.N. They are often keynote speakers at international conferences on therapy, psychology, physics, business, or-

ganizational change and conflict work and have been on local and international radio and TV in many countries.

**A my** is and artist, singer-songwriter, author, and has developed Process Work in the areas of movement, supervision, coma, and creativity. Her newest book is "Your Unique Facilitator Style."

**Arny** is known for his development of moving from the "Dreambody" to "Process Work" (Process Oriented Psychology). He has written 23 books including Sitting in the Fire, The Deep Democracy of Open Forums, and his most recent book, The Leader's 2nd Training.

**Arny and Amy** reside part of the year in Portland Oregon, where they have their private practices and give classes at the Processwork Institute together with many other colleagues. They live part of the year on the Oregon coast where they do residential seminars and watch whales. They are avid researchers, and love skiing, running and hiking.

Please see their website for more about them.

## **In the beginning...**

History, for me, is the sum of all histories. In other words, your inner experience plus mine is closer to the truth, than mine alone.

Arny Mindell

in the Opening presentation of the 1st IAPOP Conference, London 2007 "On the Origins and Essence of Process Oriented Psychology"



## Foundation I Ching

18. Ku / Work on what has been spoiled [Decay]

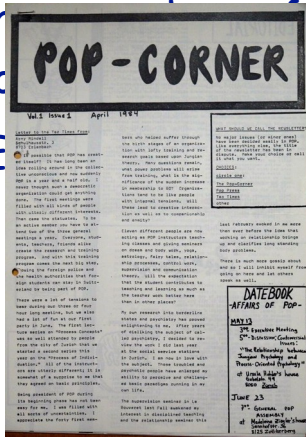
On Sunday Feb 28th 1982, the first meeting of an as yet unnamed collective met in Herrliberg, to talk about the possibilities of forming a research organisation involved in training and research within the parameters of process oriented psychology. 44 students, teachers, dancers, analysts, and doctors came. Some talked, others listened. Some expressed doubts, hesitations, about forming an organisation, while others expressed the desire to move ahead. The I Ching was thrown and number 18 came up, 'Work on what has been spoiled'.

Exert from the letter to participants of the first meeting, quoted in Julie Diamond's presentation at the 1st IAPOP Conference, London 2007 "From RSPOP to IAPOP, 25 Years as a Learning Organisation"

Is it possible that POP has created itself? It has long been an idea rolling around in the collective unconscious and now suddenly POP is a year and a half old. I never thought such a democratic organization could get anything done. The first meetings were filled with all kinds of people with utterly different inter-



ests. Then came the statutes. To be an active member you have to attend two of the three general meetings a year. Everyone, students, friends of friends of friends, and even training pro...



Enter to the "dell" in 1984

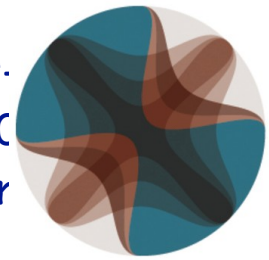
When I went to Zürich to study in the early 1980's, I went with some of my friends from Antioch College in the United States. There I found Army and a community of people who were studying and working together. I think the atmosphere for me was both open-mindedly scientific and extremely experimental. It was full of fun and a lot of experimenting and a kind of hippie-like atmosphere in which we were ready to learn about new areas of research, and new ways to understand ourselves and the world around us. It was extremely creative and exciting. At that time Army had just published *The Dreambody*, and he was exploring new aspects of what would soon be called Process Oriented Psychology. I remember exploring our body experiences and their connection to dreams. I remember Don Juan from the Carlos Castaneda books, and I remember learning about altered states of consciousness and movement processes, which I was



very interested in at the time. Needless to say, meeting Army, and the journey that I began at that time, was the most wonderful thing that ever happened to me.

Amy Mindell in the Opening presentation of the 1st IAPOP Conference, London 2007 "On the Origins and Essence of Process Oriented Psychology"

**FGPOP** served as the vessel for training in process-  
psychology, in Zürich, Switzerland, from 1982 to 2007. Its  
life cycle was completed, having given birth to a core  
which, new forms emerged in its place; currently  
[The Institute für Prozessarbeit](#)



### **FGPOP Co-founders, Grandparents, Collaborators**

Arnold Mindell together with:

Jean-Claude Audergon

Gisela Audergon - Fehlmann

Urs Büttikofer

Barbara Croci

Joe Goodbread

Viktoria Herman

Ursula Hohler

René Ruppen

Max Schüpbach

Debbie Van Felter

Madeleine Ziegler

### **FGPOP Co-founders, First Students, Collaborators**

Julie Diamond

Jan Dworkin

Dawn Menken  
Amy Mindell  
Sonja Straub

Process Work is you. You are co-creators of it, and what you experience and what you learn from your dreaming, from nature, makes you too, a creator of what we are doing. That is that the feeling that I have. The community of all learners and their discoveries is, for me, the future.

Amy Mindell in  
presentation of the  
conference, London  
Origins and  
Process Oriented



the Opening pre-  
1st IAPOP Con-  
2007 "On the  
Essence of  
Psychology"